

**GOKUL HOMOEOPATHY MEDICAL COLLEGE, SIDHPUR  
FIRST YEAR B.H.M.S. 2022-23**

**FOUNDATION PROGRAMME**

SR.NO.	Topic	Type of activity	HR.	Taken by
1	Welcome and Introduction to Vision/ Mission of the Institute	Lecture	1	Dr. Kedar Mahadik
2	Mission and role of Homoeopathy and a Homoeopath in society including showcasing effects of Homoeopathy	Interactive discussion	3	Dr. Priyanka Sonapal
3	BHMS Course of study and introducing to first year faculty	Presentation	1	Dr. Priyanka Sonapal
4	Visit to institution / campus / facilities	Walking tour	2	Dr. Peeyush Kumar Gupta
5	Concept of Holistic and Positive health	Interactive discussion	2	Dr. Priyanka Sonapal
6	History of Medicine and Homoeopathy and state of Homoeopathy in the world	Presentation	2	Dr. Rinki Thakkar
7	Adult learning principles	Interactive discussion	2	Dr. Kedar Mahadik
8	Health care system and delivery	Visit to PHC/ Urban Health Centre and interaction with staff	3	Dr. Prithvi Ahir
9	Different health care systems recognized in the country and the concept of pluralistic health care systems	Presentation	1	Dr. Dr. Mendhe Kishor
10	Primary community care	Interaction	2	Dr. Priyanka Sonapal
11	Basic life support	Demonstration video and practice	4	Dr. Hetal Shah Narayan Hospital Ahmedabad
12	Communication – its nature and importance in different social and professional settings	Practical with scenarios and enactment with observation	4	Dr. Subhangi S. Mitra
13	Medical ethics – role in enhancing patient care	Role play	2	Dr. Chandrakant Marotrao kuite
14	Who is professional?	Debate between two sides on a topic	2	Dr. Priyanka Sonapal
15	Time management	Practical exercise	3	Dr. Dinesh Kumar Bopche
16	First aid – principles and techniques	Demonstration and presentation	2	Dr. Piyush Talele

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17	National health priorities and policies	Presentation	1	Dr. Rinki Thakkar
18	Importance of Mental Health and Hygiene to a medical student in the medical profession Stress management including importance of sports and extracurricular activities	Practical demonstration / video	4	Dr. Ranjeet Singh
19	Concept and practice of mentoring	Interactive discussion	4	Dr. Amit Pachegaonkar
20	Constitutional values, equality, gender sensitization and ragging policy	Presentation and Interactive discussion	3	Dr. Shaikh Dastagir
21	Universal precautions and vaccinations	Presentation followed by discussion	1	Dr. Priyanka Sonapal
22	Importance of Observation and Documentation in Homoeopathic practice	Practice exercise through video observation	4	Dr. Rinki Thakkar
23	Team working	Game and debriefing	2	Dr. Pramod Sharma
24	Patient safety and biomedical hazards	Video and presentation	1	Dr. Rinki Thakkar
25	Computer skills	Demonstration and practice of basic use of word, Excel and PPT	2	Mr. Sanjay Sekhavat
26	Language skills	Language labs	2	Dr. Jaya Sheela M. Goni
	<b>TOTAL</b>		<b>60</b>	